

GCARE WRISTBAND USER MANUAL

Welcome to the GCare Family

GCare combines intelligent wearable technology with AI-powered health analytics to support well-being, enhance safety and provide peace of mind. Designed for independence in everyday life, the wristband works discreetly in the background to monitor key health indicators and enable quick assistance when needed.

What Is Included

- GCare Wristband
- Magnetic charging cable



MSE GROUP

G-CARE



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Charging the Wristband - Charging Instructions

Proper charging ensures reliable operation and long-term battery performance.

1. Connect the original magnetic GCare charging cable to a power source.
2. Align the magnetic connector with the charging contacts on the back of the wristband.
3. Allow the wristband to charge fully (approx. 2-3 hours).

Charging Status Indicators

- **Red LED (solid)** - Device is charging.
- **Red LED (flashing)** - Battery is low, charging required.
- **No LED** - Charging is complete or the device is operating normally.

Important Charging Notes

- Keep the charging contacts clean and dry.
- Do not use damaged cables or adapters.
- Avoid charging in extreme heat or high humidity.





Using the Middle Button

- Short press - Green light confirms the network connection.
- Press and hold for 5 seconds - Sends an SOS message and plays a voice alert.
- Press and hold for 20 seconds - Sends an SOS alert and switches the device on.
- Incoming call - Short press answers the call.
- During a call - Short press ends the call.

Wearing the Wristband

- Wear on the non-dominant wrist.
- Ensure the strap fits snugly so the sensors remain in contact with the skin.
- Keep the sensors clean and dry.
- Wear the wristband continuously, except while charging.





What the Wristband Monitors

The GCare wristband provides 24/7 monitoring of key health and safety indicators:

- Heart rate
- Oxygen saturation (SpO₂)
- Body temperature
- Blood pressure
- Falls
- GPS location (wandering/safety)

Alerts The wristband automatically notifies authorized contacts when it detects:

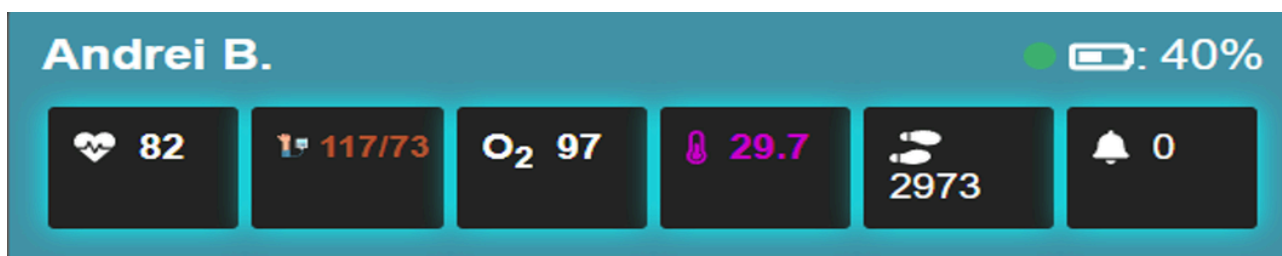
- Abnormal vital signs
- Falls or sudden inactivity
- SOS button activation
- Leaving defined safety zones



Alerts can be sent to family members, caregivers, or clinical teams to enable a quick response.

Troubleshooting

- No readings - Fit the wristband more tightly; clean the sensors.
- No connection - Restart the wristband and app; check Bluetooth/4G.
- False alerts - Clean the sensors; ensure correct fit.





Safety & Privacy - General Safety

- The wristband provides monitoring data and does not replace medical devices or clinical diagnoses.
- Consult healthcare professionals for health-related decisions.

Environmental Conditions

Avoid exposing the wristband to the following conditions:

- Saunas or steam rooms
- Hot baths or prolonged contact with hot water
- Salt water or corrosive liquids
- Extreme temperatures
- Strong electromagnetic environments

Device Safety

- Do not drop, crush, or apply excessive pressure to the device.
- Do not open, modify, or repair the device.
- The internal components are sealed; tampering may void the warranty.

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Premium Warranty GCare offers a lifetime warranty in line with UK consumer protection standards.

Warranty Coverage Includes free support for:

- Hardware faults (sensors, housing, electronics)
- Defects during normal, proper use
- Repair or replacement with new or equivalently refurbished devices
- Return shipping for approved claims

Exclusions

The warranty does not cover:

- Damage from impact or crushing
- Water damage beyond the stated protection rating
- Cosmetic wear (scratches, strap aging)
- Unauthorized repairs or modifications
- Battery aging
- Issues caused by unapproved accessories
- Loss or theft

Conditions for Warranty Service

Customers must provide:

- Proof of purchase
- Unaltered serial number
- Confirmation of correct device use

Requesting Support

For support requests, the following are required:

- Contact details
- Proof of purchase
- Device serial number
- Description of the issue
- Photos or video evidence, if required





Repair or Replacement Process

After review, outcomes may include:

- Replacement with a new or equivalently refurbished device
- Return of the original device, if not covered by the warranty, with optional paid repair
- Continued lifetime warranty coverage for repaired/replaced devices

Limitation of Liability

The warranty covers only repair or replacement and excludes:

- Data loss
- Loss of use
- Indirect or consequential damages



Our devices and platform undergo rigorous testing and certification processes to comply with healthcare regulations, ensuring user safety and data integrity at every level of the system.